



Aquatic Springs

7025 S. Fort Apache Rd.

Las Vegas, NV 89148

(702) 455-1708

Aquaticsprings@clarkcountynv.gov

Program Supervisor: Jessica Laguna

****This brochure is effective 4/16/18****

Pool Hours

Please note that for lap swim purposes the pool is always in the 25-yard configuration. The goal is to keep the water temperature at approximately 82 degrees, though the temperature range may vary from 79-85 degrees on a daily basis.

Lap Swim Hours

Monday- Friday	6:00 a.m. – 12:00 p.m. 5:00 p.m. - 7:00 p.m.
Saturday	8:00 a.m. – 3:00 p.m.
Sunday	Closed

Lap Lanes are not available outside of posted times.

Family Swim Hours (Shallow Pool)

Shallow area not available outside of posted times. Temperature ranges from 82-88 degrees on a daily basis.

Monday & Wednesday	6:00 a.m.-7:00 a.m. 8:00 a.m.-9:30 a.m. 10:00 a.m.-12:00 p.m. 3:00 p.m.-4:00 p.m.
Tuesday & Thursday	6:00 a.m.-12:00 p.m. 3:00 p.m.-4:00 p.m.
Friday	6:00 a.m.-7:00 a.m. 8:00 a.m.-12:00 p.m. 3:00 p.m.-7:00 p.m.
Saturday	12:00 p.m.-3:00 p.m.
Sunday	Closed

Office Hours

Monday-Friday	6:00 a.m. – 7:00 p.m.
Saturday	8:00 a.m. – 3:00 p.m.
Sunday	Closed

Pool Closure Dates

- April 13th (3pm- close) – *Special Event*
- May 5th – *Staff Training*
- May 28th – *Memorial Day*
- July 4th – *Independence Day*
- July 13th – *Staff Training (from 3pm-close)*
- September 3rd – *Labor Day*

**Please note that pool hours/days of operation are subject to change/closure for inclement weather, special events and unforeseeable events.*

Daily Admission Fees		
Youth (3-17 yrs.)	\$2.00	
Adult (18-54 yrs.)	\$3.00	
Senior (55 + yrs.)	\$1.00	
90-Day Family Pass:		
Up to 4 family members residing in same household = \$100	Each additional family member (must reside in same household) = \$20	
90-Day Individual Pass:		
Youth (3—17 yrs.) \$40	Adult (18—54 yrs.) \$60	Senior (55 + yrs.) \$20
Annual Family Pass:		
Up to 4 family members residing in same household = \$300	Each additional family member (must reside in same household) = \$40	
Annual Individual Pass:		
Youth (3—17 yrs.) \$120	Adult (18—54 yrs.) \$180	Senior (55 + yrs.) \$60

Rent Our Pool!

Looking for a great place to celebrate your next birthday, family reunion or special event? Aquatic Springs is available for private rentals. Community rental fee is \$200 for 2 hours of pool time and admission for 100 guests. Inflatable obstacle course & slide can be added for an additional fee of \$175 and climbing wall or inflatable slide can be added to rental for an additional fee of \$75. The classroom is also available to rent for a fee of \$80 for 2 hours. Please contact the Aquatic Springs Office at 455-1708 for more information.



YOUTH SWIMMING LESSONS

Private Swim Lessons

All Ages

\$25 per half hour lesson

Clark County Aquatics offers private swim lessons with our highly qualified instructors! All lessons are tailored to meet the individual's needs and can be scheduled at the individual's convenience. Fee is \$25 per half hour lesson. For more information please see a staff member. Registration for private swim lessons is available in person only.

1. Water Introduction

6 mo. – 5 yrs. old

30 minute classes

Required skills to enter class: ability to enter water and have fun.

Class set-up: Accompanied by a parent/guardian in shallow water. Adults & children participate in guided classes together. **Children MUST have an adult in the class with them.**

Class goal: This class builds swimming readiness by emphasizing fun in the water.

Skills taught: water entry & exit, blowing bubbles, freestyle arm movement, backstroke arm movement, underwater exploration, flutter kicking & floating positions.

****Children that require diapers must wear a swim diaper with a swimsuit on top.****

2. Water Independence

3 – 12 yrs. old

30 minute classes

Required skills to enter class: Children must be comfortable being in the water without a parent/guardian, must be able to listen & take direction in a group setting, submerge face underwater & be comfortable in a front float position.

Class set-up: Independent in very shallow water. Six participants per instructor.

Class goal: To help participants become more comfortable in the water and perform basic swim skills and floats with minimal to no assistance.

Skills taught: retrieving a submerged object, independent forward motion using arm & leg motions, independent use of a kickboard, and floating on front and back for 5 seconds and basic water safety skills.

3. Stroke Introduction

3 – 12 yrs. old

45 minute classes

Required skills to enter class: Participants must have the ability to float on their own, swim freestyle with minimal support, ability to propel forward on back with minimal support, front float, roll over to a back float and hold for 5 seconds and swim back to start (instructor can help propel child back to start)

Class set-up: Independent in shallow water moving progressively into deeper water throughout the session. Eight participants per instructor.

Class goal: To teach participants the basic swimming strokes and treading water, and introduce them to deep water.

Skills taught: Backstroke, Elementary Backstroke, and Freestyle, learn all swimming kicks, deep water entries, treading water and basic water safety skills.

4. Advanced Stroke Development

3 – 12 yrs. old

45 minute classes

Required skills to enter class: Participants must be comfortable in deep water, and must be able to jump into deep water and come back to the surface. They must have the ability to swim 10 to 15 yards demonstrating Freestyle, Elementary Backstroke, and Backstroke in deep water with no support, and tread water for 30 seconds with no support.

Class set-up: Independent in deep water. Ten participants per instructor.

Class goal: To refine basic swimming strokes and introduce new strokes and dives.

Skills taught: Refinement of Backstroke, Elementary Backstroke and Freestyle strokes. New skills will include: Breaststroke, Sidestroke, Butterfly, deep water sitting and kneeling dives, treading water for one minute and water safety skills. **After passing this class, children will be ready for Introduction to Aquatic Sports and Recreational Swim Team.**

PLEASE NOTE: CHILDREN MUST BE ABLE TO PERFORM REQUIRED SKILLS FOR THE SWIM LESSON LEVEL IN WHICH THEY ARE REGISTERED. THOSE NOT ABLE TO PASS REQUIRED SKILLS WILL BE REFUNDED.

Youth Swimming Lessons – Monday/Wednesday Afternoon Classes

Class	Time	Day	Session 3A - \$26 Apr. 16 th - May 4 th	Session 3B - \$26 May 7 th – May 25 th
Water Independence	4:00 p.m.	M/W	349101-00	349201-00
Water Introduction	5:00 p.m.	M/W	349100-01	349200-01
Water Independence	5:30 p.m.	M/W	349101-01	349201-01
Stroke Introduction	5:00 p.m.	M/W	349102-00	349202-00
Advanced Stroke Development	5:00 p.m.	M/W	349104-00	349204-00
Water Introduction	6:00 p.m.	M/W	349100-02	349200-02
Water Independence	6:30 p.m.	M/W	349101-02	349201-02
Stroke Introduction	6:00 p.m.	M/W	349102-01	349202-01
Advanced Stroke Development	6:00 p.m.	M/W	349104-01	349204-01

Youth Swimming Lessons – Tuesday/Thursday Afternoon Classes

Class	Time	Day	Session 3A - \$26 Apr. 16 th - May 4 th	Session 3B - \$26 May 7 th – May 25 th
Water Independence	4:00 p.m.	T/Th	349101-03	349201-03
Water Introduction	5:00 p.m.	T/Th	349100-03	349200-03
Water Independence	5:30 p.m.	T/Th	349101-04	349201-04
Stroke Introduction	5:00 p.m.	T/Th	349102-02	349202-02
Advanced Stroke Development	5:00 p.m.	T/Th	349104-02	349204-02
Water Introduction	6:00 p.m.	T/Th	349100-04	349200-04
Water Independence	6:30 p.m.	T/Th	349101-05	349201-05
Stroke Introduction	6:00 p.m.	T/Th	349102-03	349202-03
Advanced Stroke Development	6:00 p.m.	T/Th	349104-03	349204-03

Extended Family Swim (Shallow Pool) Hours During Break Weeks!

May 28-June 16
 July 9-July 14
 August 27-Sept 1
 October 15-October 27
 November 19- November 24
 December 17-January 5, 2019

Monday – Friday 6:00 a.m. - 12:00 p.m., 3:00 p.m. - 7:00 p.m.

Saturday 8:00 a.m. - 3:00 p.m.

Sunday Closed

Youth Swimming Lessons – Morning Classes

Class	Time	Day	Session 3A-\$26 Apr. 16 th - May 4 th	Session 3B-\$26 May 7 th – 25 th
Water Introduction	9:30 a.m.	M/W	349100-00	349200-00

Youth Swimming Lessons – Saturday Classes

Class	Time	Day	Session 3 -\$22 Apr. 21 st – May. 26 th **No Class Sat. May 5th
Water Introduction	8:15 a.m.	Sa	349100-05
Stroke Introduction	8:15 a.m.	Sa	349102-04
Advanced Stroke Development	8:15 a.m.	Sa	349104-04
Water Independence	9:15 a.m.	Sa	349101-06
Stroke Introduction	9:15 a.m.	Sa	349102-05
Advanced Stroke Development	9:15 a.m.	Sa	349104-05

Three Steps of Drowning Prevention



Always designate an adult to actively watch children in the water to prevent drowning.

PATROL



Installing four-sided pool fencing, door alarms, locks and other safety measures provide defensive barriers between your child and the pool.

PROTECT



Create a plan ahead of time by enrolling your child in swimming lessons, taking adults CPR classes and ensuring every Water Watcher knows how to call 9-1-1 in case of an emergency.

PREPARE



Recreational Swim Team

6 -10 yrs.

6 week session / 1 hour

\$45/session

Middle School Swim Team

11 -14 yrs.

6 week session / 45 minutes

\$30/session

This is a recreational level swim team program that encourages teamwork and self-esteem. Participants will practice to develop strokes and improve personal times and skills. Emphasis is on personal improvement.

Pre-requisite: Participants must be able to swim 25 yards of the pool independently using an over-arm stroke with rhythmic breathing. It is highly recommended that the participant complete Advance Stroke Development Swim Lessons before enrolling. Program fee includes instructional practices and an inner-squad swim meet.

Intro to Aquatic Sports

6-17 yrs.

6-week session / 45 minutes

\$45/session

Students enrolled should be between 6-17 years old. Students must have passed Advanced Stroke Development or be competent in those skills. Classes are 45 minutes in length, meet two times per week and taught in deep water. Instructor to participant ratio is 1:10. **Pre-requisite:** Children must demonstrate exit skills from Advanced Stroke Development (swim 10-15 yards demonstrating Freestyle, Elementary Backstroke, Backstroke, Breaststroke, Sidestroke and treading water for one minute). Skills taught in this class include: Butterfly refinement, swim team starts and/or diving board dives, flip turns, synchro sculling/synchro strokes, water polo eggbeater, and Jr. Lifeguarding basic safety skills.

Jr. Lifeguard 1 & 2

11 -14 yrs.

6-week session / 45 minutes

\$30/session

This six-week introductory lifeguard course covers prevention, fitness, response, leadership, attitude & professionalism.

Participants will learn lifeguard basics, work on swimming skills, practice job skills such as filling out applications & preparing for an interview and have the opportunity to volunteer with Aquatic Springs programming & special events. Jr. Lifeguard 2 continues to build on the skills of Jr. Lifeguard 1.

Jr. Lifeguard 1 Pre-requisite: Participants must be able to swim 25 yards of the pool independently using an over-arm stroke with rhythmic breathing.

Jr. Lifeguard 2 Pre-requisite: Participants must have approval from the instructor and pass Jr. Lifeguard 1.

Class	Days	Time	Session 3 Apr. 16 th - May. 25 th
Rec. Swim Team 6-10 yrs.	M/W	4:00 - 5:00 pm	349108-00
Middle School Swim Team 11-14 yrs.	T/Th	3:30 – 4:15 pm	349108-01
Intro to Aquatic Sports	T/Th	4:00 - 4:45 pm	349105-00
Jr. Lifeguard 1	M/W	3:30 – 4:15 pm	349108-02
Jr. Lifeguard 2	M/W	3:30 – 4:15 pm	349108-03



ADULT & TEEN PROGRAMMING

Aqua H.I.I.T. **13 & older** **6 week session/1 hour \$10 or \$3 daily drop-in fee**
 Aqua H.I.I.T. combines the principles of high intensity interval training with strength and resistance drills to deliver an effective and fun fat-burning workout. Every exercise is designed to improve core stability while challenging the body utilizing the resistance of the water. ****No Class Sat. May 5th**

Water Aerobics **13 & older** **6 week session/1 hour \$37 or \$3 daily drop-in fee**
 This class is designed for participants to get the maximum work out using in water exercises focusing on the arms, legs, abdomen and core, balance, toning and muscle strength and resistance. These exercises can be adapted to anyone, and participants should work at their own pace.

Beginning Adult Lessons **13 & older** **6 week session/45 minutes** **\$22**
 These swim lessons are designed to meet the participant's personal goals in a group setting. Instructors work with each participant to overcome apprehension and learn basic skills such as, floating, swimming under water, and basic stroke development. This class will take place mostly in shallow water. However, it may move to deep water if participants are ready. ****No Class Sat. May 5th**

Advanced Adult Lessons **13 & older** **6 week session/45 minutes** **\$22**
 These swim lessons are designed to meet the participant's personal goals in a group setting. Instructors work with each participant to work on and refine basic skills such as floating, swimming under water, and stroke development. This class will usually take place in deep water. However, it may move to shallower water if needed. ****No Class Sat. May 5th**

Adult/Teen Programming			
Class	Time	Day	Session 3 Apr. 16 th -May 26 th **No class Sat. May 5th
Water Aerobics	7:00 a.m.	M/W/F	349110-00
Beginning Adult Lessons	10:15 a.m.	Sa	349107-00
Advanced Adult Lessons	10:15 a.m.	Sa	349107-01
Aqua H.I.I.T.	11:00 a.m.	Sa	349110-02

The first Friday of every month from 3-7 p.m. the inflatable obstacle course will be available for use.

Youth inflatable and climbing wall will be available for use every Friday from 3-7 p.m.!



Regular Admission Fees Apply

Join us for the next Parents Night Out!

Friday, April 13th from 4:30-8:30pm

Saturday, June 16th from 4:30-8:30pm

More details to come.

Class Registration Information

Clark County Parks and Recreation offers three different options for registration: mail-in, online, or walk-in registration. Please see the dates below.

Registration Dates for Session 3A & 3B

Mail-in registration can be postmarked beginning: **Tuesday March 20, 2018**

Online registration begins at 7:00 am: **Friday March 23, 2018**

Walk-in registration begins: **Monday March 26, 2018**

Registration Dates for Session 4

Mail-in registration can be postmarked beginning: **Tuesday May 15, 2018**

Online registration begins at 7:00 am: **Friday May 18, 2018**

Walk-in registration begins: **Monday May 21, 2018**



Send mail-in registration for Aquatic Springs Pool to 7025 S. Fort Apache Rd., Las Vegas, NV 89148. Mail-in registration will not be processed until 7:00 a.m. on the Friday following the mail-in registration date.

Mail-in registration does not guarantee a position in the program; online registration allows participants to secure a position in programs with availability immediately. <http://www.ClarkCountyNV.gov/parks>

PLEASE NOTE: CHILDREN MUST BE ABLE TO PERFORM REQUIRED SKILLS FOR THE SWIM LESSON LEVEL IN WHICH THEY ARE REGISTERED. THOSE NOT ABLE TO PASS REQUIRED SKILLS WILL BE REFUNDED.



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